Welcome to Lickstein Plastic Surgery. Every member of our knowledgeable and caring team is dedicated to helping you look and feel your best. We are proud to offer each of the comprehensive, state-of-the-art surgical and non-surgical services presented in this guide. We look forward to helping you choose the services that are right for you.

We believe our results, and the long-term relationships we build with our patients, their families, and our community, set us apart from other area practices. Because we greatly value our patients, we are proud to offer the most comprehensive and generous loyalty program in our region. Our patients deserve no less. By joining our Patient Ambassador Rewards Program, you will receive exclusive offers and significant discounts, as well as be alerted to exclusive pre-sales and other events reserved for our most loyal patients. Membership is free.

Whether your goals are prevention, maintenance, rejuvenation, or simply relaxation, we are dedicated to helping you look and feel your best. Together, we can develop the treatment plan that is right for you.

David A. Lickstein, MD, FACS

World class care in the welcoming atmosphere you deserve.
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LISA LONDY, our Surgical Coordinator, would be happy to meet with you to discuss our surgical services.
CHRISTINA NAUGLE, PA-C, our RealSelf™ “Most - loved injector,” with over a decade of experience, will ensure your treatment is tailored to meet your individual goals. We offer a variety of the latest relaxing agents, dermal fillers, and fat reduction options for the most beautiful you! Call to schedule your complimentary consultation!

DERMAL FILLERS (1ST SYRINGE/2ND SYRINGE/3RD SYRINGE)

**JUVEDERM** $695/$650
**VOLUMA** $975/$925/$850
**VOLBELLA** $795/ HALF SYRINGE $400
**VOLLURE** $795
**RADIESSE** $1000
**BELOTERO** $550
**RESTYLANE** $695/$650
**RESTYLANE SILK** $750/$700
**RESTYLANE REFYNE** $750/$700
**RESTYLANE DEFYNE** $750/$700
**RESTYLANE LYFT** $750/$700
**SCULPTRA - FACE** $750/$650/$600, ARMS $2600, GLUTEAL AREA *Call for pricing

FAT REDUCTION AGENT

KYBELLA - CHIN $799/$899, JOWLS $1400

RELAXING AGENTS (ONE AREA/TWO AREAS/THREE AREAS)

BOTOX, DYSPORT, OR XEOMIN $350/$650/$850

**• Relaxing Agents**
**• Fat Reduction Agent (Kybella)**
**• Dermal Fillers**

**Forehead**
Add volume to soften horizontal lines. Soften or erase worry lines & wrinkles.

**Temples**
Add volume to fill temple hollows for smooth contours.

**Crow’s Feet**
Smooth and soften the lines around the eyes.

**Under Eyes**
Add volume to soften hollows & fine lines for a refreshed appearance.

**Smile Lines**
Smooth and soften the lines that extend from the nose to the corners of the mouth (Nasolabial Folds).

**Corners of the Mouth**
Add volume to lift the corners of the mouth.

**Jawline**
Add volume to lift and define the contours of the chin and jawline. Reduce and tighten jowls for a more defined jawline.

**Glabella**
Lose your “11” lines!

**Brow**
Add volume to contour and define the brow. Inject under lateral brow to achieve a subtle brow lift for a more youthful appearance.

**Cheeks**
Add volume and fullness for lifting effect and youthful cheek contours.

**LipStick Lines**
Smooth and soften lines above the upper lip.

**Lips**
Add volume to enhance fullness, definition and lip shape.

**Marionette Lines**
Smooth and soften the lines that extend downwards from the corners of the mouth to the jawline.

**Chin**
Diminish double chin fat.

LicksteinPlasticSurgery.com
COMBINATION PACKAGES
3 BOTOX + 1/2 VOLBELLA $1150
2 BOTOX + 2 JUVEDERM $1800
2 VOLUMA + 1 SCULPTRA $2400
2 VOLUMA + 1 VOLLURE + 1 BOTOX $2700
2 VOLUMA + 2 KYBELLA JOWLS $3950

SPECIAL OCCASIONS
Girls night out? Bridal shower? Birthday celebration? We are happy to customize an injectables/CoolSculpting party for you, your friends and family. Special group rates available for parties of six or more. Cocktails, bubbly, hors d’oeuvres, and limousine transportation available at an additional fee. Speak with our Cosmetic Coordinator, Lisa Londy, to arrange your special event.

RESTYLANE LYFT FOR HANDS Now you can reverse volume loss, reduce visibility of age spots, and improve texture of your skin to achieve more youthful looking hands.

HAND REJUVENATION
SALT FACIAL TREATMENT APPLIED TO HANDS + RESTYLANE LYFT 2 SYRINGES (ONE PER HAND) $1500
ADD BBL TO REDUCE AGE SPOTS

SALT FACIAL TREATMENT APPLIED TO HANDS + RESTYLANE LYFT 4 SYRINGES (TWO PER HAND) $2500
ADD BBL TO REDUCE AGE SPOTS
**AESTHETICIAN SERVICES**

**BEVERLY DUKE**, our award winning licensed esthetician, will help you discover the treatments, products, and skin care regimen best suited for your unique needs.

**COLLAGEN PIN MICRONEEDLING** is a smoothing and firming treatment for the face and body to improve the health, and appearance of your skin. The treatment stimulates circulation in the skin to help promote and produce collagen. Microneedling helps to diminish wrinkles, acne, scarring and pigmentation. It can improve skin texture and signs of aging with minimal downtime.

**COLLAGEN PIN (ONE SESSION/THREE SESSIONS) $400/$1000**

**HYDRAFACIAL MD** - is an innovative, non-invasive, multistep treatment using the Hydrafacial MD machine. It combines the benefits of hydradermabrasion, a chemical peel, extractions and a special combination of antioxidants, hyaluronic acid and peptides to deliver beautiful results you can see.

**SINGLE TREATMENT $150**  
**PACKAGE OF 4 $500**  
**HYDRADERMABRASION (FACE, NECK, DÉCOLLETTAGE) $200**  
**MONTHLY FOR ONE YEAR $1350**

**SKIN CARE PRODUCTS**

**SKINMEDICA**: Remarkable science. Remarkable results.  
**ALASTIN**: Support your skin’s natural ability to produce new healthy collagen & elastin.  
**IMAGE SKINCARE**: Age later with products for all skin types.  
**LUKA COSMETICS**: Pure cosmetics for healthy as well as beautiful skin.  
**COLORESCIENCE**: The beauty of sun protection.
**FACIAL TREATMENTS**
- **LYMPHATIC DRAINAGE FACIAL MASSAGE** $75
- **DERMAPLANING EXFOLIATION TREATMENT** $75
- **PURIFYING TEEN FACIAL** $85
- **ILLUMINATING BRIGHTENING FACIAL** $100
- **REJUVENATING ANTI-AGING FACIAL** $100
- **FIRMING NECK AND DÉCOLLETAGE TREATMENT** $125
- **BACIAL - BACK TREATMENT** $125
- **CUSTOMIZED PEELS** (SINGLE TREATMENT/PACKAGE OF 4) $100/$300

**SALT FACIAL SKIN RENEWAL THERAPY** - Lickstein Plastic Surgery is proud to be the first practice in South Florida to offer the new standard of skin renewal therapy. The Salt Facial combines sea salt exfoliation with ultrasound and LED light therapy to restore, replenish, and rejuvenate all skin types. The sea salt exfoliates. Ultrasound drives antioxidants, peptides and hyaluronic acid into the skin 20% deeper than topical treatments alone. LED light removes redness, reduces inflammation and improves the appearance of pigmented or vascular lesions. Improve skin tone, sun damage, pores, pigmentation, fine lines, and wrinkles with no downtime.

**SINGLE TREATMENT/PACKAGE OF TWO** $300/$500

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Harness the Power of Sea Salt, Ultrasound & LED Therapy

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**SUNSCREEN** - Everyone should wear sunscreen daily. We carry a wide variety of sunscreens to meet your personal needs. Visit our Sunscreen Bar in our waiting room and speak with our aesthetician to select the right one for you.

*Skincare Consultation is free with purchase.
Facial waxing, brow tint and define available upon request.*
**MASSAGE SERVICES**

(NEUROMUSCULAR THERAPY/SPORTS MASSAGE/DEEP TISSUE/SWEDISH/COSMETIC MASSAGE/LYMPHATIC DRAINAGE/MYOFASCIAL-FASCIA MASSAGE)

- **30 MINUTES** $50
- **60 MINUTES/PACKAGE OF 5** $85/$375
- **90 MINUTES/PACKAGE OF 5** $120/$525

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**MASSAGE THERAPY** - Everyone should experience the benefits of a professional Massage Therapy session that reduces stress, tension, and swelling while promoting physical and mental well being.

**TODD D. SAUNDERS**, our licensed massage therapist, earned his degree in Exercise Science in 1988 and earned his massage therapy license in 1993. Todd has been providing high quality professional massage therapy services for over 20 years. Services can be for relaxation or therapeutic purposes. Treatments include lymphatic drainage and techniques specifically designed for recovery after cosmetic and reconstructive surgery.

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**NOVALASH EXTENSIONS**

**KAREN PELLAR**, our lash specialist, has been certified with Novalash since 2007 and continues to educate herself and develop new innovative techniques to improve the beauty of wearing eyelash extensions! She prides herself in the artistry of creating a natural, beautiful, and outstanding eye.

**NOVALASH** is the leader in the eyelash industry and is committed to providing safe, flawless, natural looking extensions! What sets Novalash apart from other lash companies is their Platinum Bond Adhesive! It has been tested to be two times more effective vs. leading competitors.

**EYELASH EXTENSIONS:** CLASSIC FULL SET/RE-LASH $225/$80

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**MICROBLADING**

**MORGAN DUKE**, our microblading specialist, is a licensed cosmetologist, who loves making women look and feel beautiful while enhancing their natural features.

**MICROBLADING** is a semipermanent make up procedure that enhances, reshapes, or creates life-like hair strokes in the brows. Shading and feathering will add a 3D effect that creates a realistic look that lasts for 1-3 years.

**INCLUDES 2 SESSIONS $600**
TRISH BENDER, RN, our CoolSculpting Specialist can help you determine the treatment plan that’s best for you!

COOLSCULPTING can help both women and men get rid of stubborn fat for good. This non-invasive treatment works on those pesky love handles and that double chin you see in the mirror every morning. We have two machines, allowing us to treat two areas simultaneously, cutting treatment time in half. Depending on treatment area, treatments can range from 35 minutes per applicator to 1 hour 15 minutes per applicator (applicators are specific to body areas). Whether you want to fit into your skinny jeans, achieve your bikini body, feel sexy in a sleeveless top, or contour your chin, we can help you reach your goals non-surgically and with no down time. Make an appointment to see if CoolSculpting is right for you!

CYCLES: ONE/TWO/FOUR/SIX/EIGHT $700/$1200/$2300/$3200/$4000

REVITAL IV (WEIGHT LOSS TREATMENT) - Enhance your CoolSculpting results with Revital IV! Administered during your CoolSculpting treatment, the Fat Buster Weight Loss IV contains a specialized formula to reduce fat and bloating; flushing away toxins and boosting energy.

FAT BUSTER WEIGHT LOSS IV $125
Dr. Lickstein and his whole staff are leading examples of what the practice of medicine and patient care should be. They, as a whole, are an outstanding practice. I truly cannot be any happier with my results from my “Lickstein Lift.”

One year later, I have lasting effects that are noticeable to myself, and my closest family and friends. I have continued to see Dr. Lickstein and his staff because they listen.

I never leave looking fake. I leave looking refreshed and young.

Lori M.
CHRISTINA NAUGLE, PA-C; MAGGIE BELANGER, RN; AND TRISH BENDER, RN; our outstanding team of laser specialists, will help you achieve your desired results.

BROADBAND LIGHT (BBL)™ is the world’s most powerful IPL (Intense Pulse Light) device on the market. It sets a new standard in treating skin conditions. BBL allows your clinician to treat age spots, small facial veins, and many other skin conditions. BBL stimulates cells to regenerate. Typically, with a series of treatments, you will start to see smoother, more even and vibrant skin. The photothermal energy will target vessels that cause redness and reduce unwanted melanin that produces age and sun spots. Your skin will feel smoother, pores will be less noticeable, and uneven pigmentation will fade.

PRICING (SINGLE TREATMENT/PACKAGE OF 2/PACKAGE OF 4)
FACE $350/$650/$1200
NECK $250/$450/$800
CHEST $400/$750/$1400
FACE, NECK, CHEST $750/$1400/$2400
NECK & CHEST $550/$1000/$1850
TORSO $450/$850/$1600
FULL ARMS $600/$1100/$2000
UPPER OR LOWER ARMS $350/$600/$1100
HANDS $250/$400/$700
FULL LEGS $900/$1600/$2800
UPPER OR LOWER LEGS $350/$600/$1400
INDIVIDUAL SPOTS $150 - $300

BBL treats:
- Age spots
- Small veins
- Hyperpigmentation
- Sun spots
HALO HYBRID LASER TREATMENT is the world’s first hybrid fractional laser combining two laser treatments in one to take away years of skin damage! By triggering the skin’s natural healing response, the skin is visibly improved and a more youthful glow is restored. Halo combines deep dermal revitalization with epidermal renewal – treating in one pass the surface of the skin and stimulating new collagen in the deeper layers of the skin. We are one of the few practices in South Florida where you can experience the most scientifically advanced treatments for sun damage, pigmentation, fine lines, texture and pores without the discomfort or lengthy recovery of traditional ablative and fractional laser treatments.

FACE $1500/$2750 *Includes BBL treatment if needed.

Halo treats:

• Discoloration
• Sun damage
• Visible signs of aging
• Uneven skin tone
• Enlarged pores
• Poor texture
DEEP RESURFACING WITH CONTOUR TRL™ - Contour TRL safely removes fine lines and deep wrinkles, including those pesky lines around the lips and eyes. Contour TRL treatments are custom tailored for you by your physician to achieve your desired outcome and minimize downtime. No other non-surgical technology can turn back time as effectively as Contour TRL.

PRICING (SINGLE TREATMENT/PACKAGE OF 2/PACKAGE OF 3)
FACE $1750/$2500/$3450
NECK $800/$1450/$1950
FACE & NECK $2000/$3500/$4500
EYES $750/$1250/$1725
PERIORAL $1250/$1750/$2100
INDIVIDUAL SPOTS $250 AND UP
FOREVER BARE BBL is the revolutionary new treatment that takes hair removal to the next level. **FAST:** The speed of a BBL Hair Removal procedure is simply amazing. An upper lip can be done in about one minute. The bikini area or underarm can be done in less than 5 minutes. Larger areas such as legs or back can be done in only 20 - 30 minutes! **EASY:** With virtually no downtime, hair removal has never been easier!

**PRICING** (SINGLE TREATMENT/PACKAGE OF 5)

- **FACE** $325/$1300
- **FOREHEAD, CHEEKS, EARS, OR CHIN** $150/$600
- **BROWS OR GLABELLA** $100, PACKAGE OF TWO $175, PACKAGE OF FIVE $350
- **UPPER LIP** $75/$300
- **DÉCOLLETAGE, SHOULDER, OR ABDOMEN** $250/$1000
- **UPPER OR LOWER ARM, UNDERARMS** $375/$1400
- **CHEST OR FLANKS** $350/$1450
- **BACK** $550/$2250
- **UPPER OR LOWER LEG** $450/$2000
- **BIKINI** $200/$800
- **BRAZILIAN** $300/$1200

BEFORE / AFTER: Three months post 3 treatments

BEFORE / AFTER: Four months post 3 treatments
FOREVER CLEAR BBL™ is a cutting-edge acne treatment that uses the power of light to comfortably and effectively improve acne without creams or medicine. BBL is the world’s most powerful IPL (Intense Pulse Light) device delivering light energy deep into your skin to help treat acne, leaving you with clear, healthy, and radiant skin.

PACKAGE OF 4/PACKAGE OF 6 $1200/$1500

BEFORE / AFTER: One month post 9 treatments

BEFORE / AFTER: One year post 8 treatments

SALTFACIAL SKIN RENEWAL THERAPY - The L’avantage multi-wavelength phototherapy (LED) module promotes collagen production, removes redness, reduces inflammation, improves the appearance of pigmented and vascular lesions, and treats acne. This treatment can be performed alone or in combination with BBL.

SINGLE TREATMENT/PACKAGE OF 2 $300/$500

COMBINATION PACKAGE
2 SALTFACIAL TREATMENTS + 6 FOREVER CLEAR BBL TREATMENTS $1850
World class care in the welcoming atmosphere you deserve.

Training. Experience. Results.

Before & after photos and testimonials are supplied by Allergan and Sciton. Not all photos are practice patients.